| Min / Name | Dauer / Drill / ZielMinuten | Teachingpoints / Organisation |
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|  | ➊ Ziel: ................................................................. | Teachingpoints: |
|  |
| Drill-Orgaisation / Material... |
| Min | ➋ Ziel: .................................................................  | Teachingpoints: |
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| Min | ➌: Ziel: ................................................................. | Teachingpoints: |
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|  |
| Min | ➍: Ziel: ................................................................. | Teachingpoints: |
|  |
|  |
| Min | ➎: Ziel: ................................................................. | Teachingpoints: |
|  |
|  |
| Min | ➏: Ziel: ................................................................. | Teachingpoints: |
|  |
|  |
| Min | Abschluss: Drill, Game... | Teachingpoints:Oganisatorisches / Kommunikation (mental, emotional) |